



rodarte



House Rules and Routines



## house rules

1. If you sleep on it, make it up.
2. If you wear it, hang it up.
3. If you eat off of it, clean it up.
4. If you play with it, clean it up.
5. If you are angry, don't yell.
6. If you are frustrated, don't yell.
7. If you are hit, don't hit back.
8. If you are treated with kindness, do the same.
9. If you are not treated with kindness, show grace.
10. If you stink, shower.
11. If you sprinkle, wipe it up!
12. If you get it out, put it back where it belongs.
13. If someone cries, love them.
14. Love each other. We're all we've got!





## baseball routine

### **NIGHT BEFORE PRACTICE OR GAME**

1. Get uniform or practice clothes out and make sure they are clean. Including pants (with belt loops for games), practice shirt or jersey and socks. (don't forget your belt!)
2. Double check bag for remainder of gear.
3. Put a drink in bag.

### **AFTER PRACTICE OR GAME**

1. Take bag and gear out of car.
2. Remove Cleats (no cleats in house).
3. Once inside, undress.
4. Place clothes in hamper.
5. Place cup, mitt, hat, belt and cleats in bag, then put bag in garage.





## morning routine

1. Wake.
2. Make your bed.
3. Get dressed.
4. Brush your hair.
5. Brush your teeth.
6. Eat breakfast.
7. All of the above void on Saturday & Sunday.





## dinner routine

1. Help set table.
2. Sit and eat as a family, and that means SIT on our bottoms!
3. Talk about your day and when asked a question, answer it.  
No grunting, no whining.
4. Don't leave anyone at table, if they are not done, we are not done.
5. Ask to be excused.
6. Clear your plate (if old enough rinse it off).





## tommy's chores

1. Trash, take it out and replace bag.
2. Trash, bring in bins on friday.
3. Recycle, Cans, plastic and glass. Take them out.
4. Laundry, help sort and fold socks.





## lucas' chores

1. Laundry, help sort out dirty clothes.
2. Cleaning, dust baseboards.





## elias' chores

1. Laundry, help sort out dirty clothes.

